

## Lists of Lectures at World Satsanga

### **2024**

January 31, 2024: **“What is Free Will”**

February 28, 2024:  
**“How we are programmed to be limited”**

March 27, 2024:  
**“All roads lead to The Source”**

May 29, 2024:  
**“Our Dystopian Present”**

June 25, 2024:  
**“Being High Frequency”**

July 31, 2024:  
**“Being a Good Example – Teaching by Example”**

August 28, 2024:  
**“Drugs and How they Affect us Energetically”**

October 30, 2024:  
**“The Check Sum Effect as Part of Collectivism”**

### **2023**

January 25, 2023: **“Free Energy”**

February 22, 2023:  
**“The experiences surrounding the dawn of the Aquarian Age”**

April 26, 2023:  
**“How to take evolutionary shortcuts by increasing evolutionary content via parallel existence”**

May 30, 2023:

## **“The Mis-Information Age”**

June 28, 2023:

**“Understanding Contradictory Spiritual Information”**

July 26, 2023:

**“The AI Storm”**

August 30, 2023:

**“What Is Sentience V.S. Consciousness”**

September 27, 2023: **“How to understand  
nowness”**

October 25, 2023:

**“If at TES level we know everything (Do we at TES level know everything? ), what are we trying to evolve too ?”**

November 24, 2023:

**“How the Ego affects our spiritual progress”**

December 20, 2023:

**“Rising above physical distractions”**

## **2022**

January 29, 2022:

**“Why do some people think that they come from other planets or they are starseeds?”**

February 23, 2022:

**“What is meditation?”**

March 23, 2022

**“The three signs or milestones we need to succeed at to become a truly advanced civilization”**

April 20, 2022:

**“How to perform Hong Sau Prana-Yama meditation technique”**

May 25, 2022:

**“Ascended masters: What ascended masters and who are they?”**

June 22, 2022:

**“The Incarnation Process Part 1 of 2”**

July 20, 2022:

**“The Incarnation Process Part 2 of 2”**

August 24, 2022:

**“How to stay calm in a crisis”**

October 26, 2022:

**“Being patient and being of service”**

November 30, 2022: **“How  
to avoid karma”**

December 21, 2022:

**“The bodies we choose to incarnate into”**

**2021**

January 30, 2021:

**“How to avoid being pulled into conspiracy theory and misinformation?”**

February 27, 2021:

**“How to create your own reality?”**

March 27, 2021:

**“How do scientists affect the results of quantum physics experiments?”**

April 24, 2021:

**“Everything in the multiverse is everything else and what does this mean?”**

May 29, 2021:

**“Why so many people are told they’ve been Jesus or some other famous people or have been associated with such people?”**

June 26, 2021:

**“How to help each other recognize that we’re all one?”**

July 31, 2021:

**“Fear and how to master it?”**

August 28, 2021:

**“Why so some people get healed while others don’t?”**

September 25, 2021:

**“Working with the current reality?”**

November 27, 2021:

**“How to survive the confusion of the conflicting spiritual/metaphysical information?”**

December 18, 2021:

**“Why are more and more young people suffering from depression and anxiety?”**

**2020**

January 25, 2020:

**“How to concentrate on the positive and not on the negative?”**

February 29, 2020:

**“How to appreciate one's circumstance/s?”**

March 28, 2020:

**“What's going on in the world?”**

April 25, 2020:

**“How to be a great civilization? How do great civilizations overcome a world crisis?”**

May 30, 2020:

**“Why aliens are not visible to us?”**

June 27, 2020:

**“What are major civilizations in the physical universe?”**

July 25, 2020: **“What Causes  
Illness?”**

August 29, 2020:

**“How to notice one is slipping down the frequencies?”**

September 26, 2020:

**“How to navigate through one's incarnation in a karma free way?”**

October 31, 2020:

**“The frequencies continue to fall - How to stop being affected by this fall?”**

November 28, 2020:

**“The Myth Busters and the real changes happening in the last ten to fifteen years?”**

December 19, 2020:

**“How do I know the overall frequency of humanity and how it can be calculated?”**

January 26, 2019:

**“Is the digital reality a real reality or is it not a reality?”**

February 21, 2019:

**“Introduction to the greater reality” \*Held in Mumbai, India** \*M4A File is available on this website

February 23, 2019:

**“Can Robots be Sentient? Can they House a Soul?”**

March 30, 2019:

**“Sentience and does it exist on its own?”**

April 27, 2019:

**“How do parallel universes or event spaces affect our True Energetic Self and Aspect (are we divided or duplicated)?”**

May 25, 2019:

**“What is Dementia and how is it caused?”**

June 29, 2019:

**“What is Sentience and sentient weight, mass or density?”**

July 27, 2019:

**“What is Awareness or Self Realization?”**

August 31, 2019:

**“The Dawn of the Backfill People”**

September 28, 2019:

**“The Different Types of Reality”**

October 26, 2019:

**“What also exists on the Earth that we cant see (other incarnate entities of a higher frequency)?”**

November 30, 2019:

**“What is the difference between different spiritual or metaphysical leaders or teachers?”**

December 28, 2019:

**“How to have an efficient incarnation?”**

**2018**

January 27, 2018:

**Part 1:“The Hidden Technology of Ancient Egypt — a legacy from Atlantis”**

**Part 2: “The Energetics”**

February 24, 2018:

**“Realities and Alternative Realities and how they are created”**

March 31, 2018:

**“The Ascended Masters and their Relationships with the Source Entities”**

April 28, 2018:

**“The Genres of True Energetic Selves”**

May 26, 2018: **“The Genres  
of OM”**

June 30, 2018:

**“Termination Junctures — what they are and why we have them?”**

July 28, 2018:

**“The Versions of Event Space”**

August 25, 2018:

**“The Evolutionary Cycle and the New Earths/Ascension”**

September 29, 2018:

**“What is a Life Plan and What is its Purpose?”**

October 27, 2018:

**“How technology stops us from developing our spiritual functions?”**

November 24, 2018:

**“How do the frequencies hide what’s not visible on the Earth and the physical universe?”**

December 22, 2018:

**“What is Christ consciousness?”**

**2017**

January 21, 2017:

**“What are UFOs? What are aliens? Where do they come from?”**

February 25, 2017:

**“Conspiracy theories and how they affect us?”**

March 25, 2017:

**“Why strange things happen that make us question if our reality is real?”**

April 29, 2017:

**“What is happening to the World Spiritually — why do things appear to be falling apart when it was previously looking good?”**

May 27, 2017:

**“What are the Mechanics of Incarnation - Why do we incarnate and What’s the point?”**

June 24, 2017:

**“What do the Chakras do and what are they associated with in the gross physical body?”**

July 22, 2017:

**“What is the difference between an Entity and a Being? How do they come into existence? What is the Evolutionary process for both?”**

August 26, 2017:

**“What is a Curator? What is their role and responsibilities?”**

September 30, 2017:

**“What is Forgiveness? How to implement it?”**

October 28, 2017:

**“What is the True Sentient Self (TSS) and what is its relationship with the True Energetic Self (TES)?”**

November 30, 2017:

**“What is the difference between a being and an entity? Can a being become an entity?”**

December 23, 2017:

**“The Hidden Technology of Ancient Egypt — a legacy from Atlantis”**

**2016**

July 23, 2016:

**“Understanding the Amorphous and how that can be structured”**

August 20, 2016:

**“Recognizing or firstly understanding why we’re slipping down the frequencies”**

September 17, 2016:

**“What is the Ego and how it affects Our Spiritual Progression?”**

October 22, 2016:

**“How to Live and Give energy to the earth and its occupants?”**

November 26, 2016: **“What are  
Astral Entities?”**

December 16, 2016:

**“What are dreams?”**