### Lists of Lectures at World Satsanga

#### 2025

January 15, 2025: "Blending In"

#### 2024

January 31, 2024: "What is Free Will"

<u>February 28, 2024:</u> "How we are programmed to be limited"

March 27, 2024: "All roads lead to The Source"

May 29, 2024: "Our Dystopian Present"

June 25, 2024: "Being High Frequency"

July 31, 2024: "Being a Good Example – Teaching by Example"

August 28, 2024: "Drugs and How they Affect us Energetically"

October 30, 2024: "The Check Sum Effect as Part of Collectivism"

November 27, 2024: "The Road to Collectivism"

December 18, 2024:

"Understanding Karma"

### 2023

January 25, 2023: "Free Energy"

<u>February 22, 2023:</u> "The experiences surrounding the dawn of the Aquarian Age"

<u>April 26, 2023:</u> "How to take evolutionary shortcuts by increasing evolutionary content via parallel existence"

May 30, 2023: "The Mis-Information Age"

June 28, 2023: "Understanding Contradictory Spiritual Information"

<u>July 26, 2023:</u> "**The Al Storm**"

August 30, 2023: "What Is Sentience V.S. Consciousness"

<u>September 27, 2023:</u> "How to understand nowness"

October 25, 2023: "If at TES level we know everything (Do we at TES level know everything? ), what are we trying to evolve too ?"

November 24, 2023: "How the Ego affects our spiritual progress"

December 20, 2023: "Rising above physical distractions"

## 2022

January 29, 2022:

"Why do some people think that they come from other planets or they are starseeds?"

# February 23, 2022:

"What is meditation?"

March 23, 2022

"The three signs or milestones we need to succeed at to become a truly advanced civilization"

April 20, 2022: "How to perform Hong Sau Prana-Yama meditation technique"

May 25, 2022: "Ascended masters: What ascended masters and who are they?"

June 22, 2022: "The Incarnation Process Part 1 of 2"

July 20, 2022: "The Incarnation Process Part 2 of 2"

<u>August 24, 2022:</u> "How to stay calm in a crisis"

October 26, 2022: "Being patient and being of service"

November 30, 2022: "How to avoid karma"

December 21, 2022: "The bodies we choose to incarnate into"

# 2021

January 30, 2021: "How to avoid being pulled into conspiracy theory and misinformation?"

<u>February 27, 2021:</u> "How to create your own reality?"

<u>March 27, 2021:</u> "How do scientists affect the results of quantum physics experiments?" April 24, 2021:

"Everything in the multiverse is everything else and what does this mean?"

<u>May 29, 2021:</u>

"Why so many people are told they've been Jesus or some other famous people or have been associated with such people?"

June 26, 2021: "How to help each other recognize that we're all one?"

July 31, 2021: "Fear and how to master it?"

August 28, 2021: "Why so some people get healed while others don't?"

September 25, 2021: "Working with the current reality?"

<u>November 27, 2021:</u> "How to survive the confusion of the conflicting spiritual/metaphysical information?"

December 18, 2021:

"Why are more and more young people suffering from depression and anxiety?"

# 2020

January 25, 2020: "How to concentrate on the positive and not on the negative?"

<u>February 29, 2020:</u> "How to appreciate one's circumstance/s?"

March 28, 2020: "What's going on in the world?"

<u>April 25, 2020:</u> "How to be a great civilization? How do great civilizations overcome a world crisis?"

May 30, 2020: "Why aliens are not visible to us?" June 27, 2020:

"What are major civilizations in the physical universe?"

July 25, 2020: "What Causes Illness?"

<u>August 29, 2020:</u>

"How to notice one is slipping down the frequencies?"

September 26, 2020:

"How to navigate through one's incarnation in a karma free way?"

October 31, 2020:

"The frequencies continue to fall - How to stop being affected by this fall?"

November 28, 2020:

"The Myth Busters and the real changes happening in the last ten to fifteen years?"

December 19, 2020:

"How do I know the overall frequency of humanity and how it can be calculated?"

January 26, 2019:

"Is the digital reality a real reality or is it not a reality?"

February 21, 2019:"Introduction to the greater reality" \*Held in Mumbai, India\*M4A File is available on this website

<u>February 23, 2019:</u> "Can Robots be Sentient? Can they House a Soul?"

<u>March 30, 2019:</u> "Sentience and does it exist on its own?"

<u>April 27, 2019:</u> "How do parallel universes or event spaces affect our True Energetic Self and Aspect (are we divided or duplicated)?"

May 25, 2019: "What is Dementia and how is it caused?" June 29, 2019: "What is Sentience and sentient weight, mass or density?"

<u>July 27, 2019:</u> "What is Awareness or Self Realization?"

August 31, 2019: "The Dawn of the Backfill People"

September 28, 2019: "The Different Types of Reality"

October 26, 2019: **"What also exists on the Earth that we cant see (other incarnate entities of a higher frequency)?"** <u>November 30, 2019:</u>

"What is the difference between different spiritual or metaphysical leaders or teachers?"

December 28, 2019: "How to have an efficient incarnation?"

# **2018**

<u>January 27, 2018:</u> Part 1:"The Hidden Technology of Ancient Egypt — a legacy from Atlantis" Part 2: "The Energetics"

<u>February 24, 2018:</u> "Realities and Alternative Realities and how they are created"

March 31, 2018: "The Ascended Masters and their Relationships with the Source Entities"

<u>April 28, 2018:</u> **"The Genres of True Energetic Selves"** 

<u>May 26, 2018:</u> "The Genres of OM"

<u>June 30, 2018:</u>

"Termination Junctures — what they are and why we have them?"

July 28, 2018: "The Versions of Event Space"

August 25, 2018: "The Evolutionary Cycle and the New Earths/Ascension"

September 29, 2018: "What is a Life Plan and What is its Purpose?"

October 27, 2018: "How technology stops us from developing our spiritual functions?"

<u>November 24, 2018:</u> "How do the frequencies hide what's not visible on the Earth and the physical universe?"

December 22, 2018: "What is Christ consciousness?"

# 2017

January 21, 2017: "What are UFOs? What are aliens? Where do they come from?"

<u>February 25, 2017:</u> "Conspiracy theories and how they affect us?"

March 25, 2017: "Why strange things happen that make us question if our reality is real?"

April 29, 2017:

"What is happening to the World Spiritually — why do things appear to be falling apart when it was previously looking good?"

<u>May 27, 2017:</u> "What are the Mechanics of Incarnation - Why do we incarnate and What's the point?"

<u>June 24, 2017:</u>

"What do the Chakras do and what are they associated with in the gross physical body?"

July 22, 2017:

"What is the difference between an Entity and a Being? How do they come into existence? What is the Evolutionary process for both?"

August 26, 2017:

"What is a Curator? What is their role and responsibilities?"

September 30, 2017:

"What is Forgiveness? How to implement it?"

October 28, 2017: "What is the True Sentient Self (TSS) and what is its relationship with the True Energetic Self (TES)?"

November 30, 2017:

"What is the difference between a being and an entity? Can a being become an entity?"

December 23, 2017:

"The Hidden Technology of Ancient Egypt — a legacy from Atlantis"

# 2016

July 23, 2016:

"Understanding the Amorphous and how that can be structured"

August 20, 2016:

"Recognizing or firstly understanding why we're slipping down the frequencies"

September 17, 2016:

"What is the Ego and how it affects Our Spiritual Progression?"

October 22, 2016: "How to Live and Give energy to the earth and its occupants?"

November 26, 2016: "What are Astral Entities?"

December 16, 2016: "What are dreams?"